

Hawaiian Lomi Lomi Program

Program hours: 80 Hours

Certificate Earn: upon completion, student will earn a certificate of diploma

Program Cost: \$2,500

Hawaiian Tradition

Lomilomi is a traditional massage of Hawaii developed over many generations by the people of the islands. It enables the physical and energetic systems of the body to flush out, transform and revitalize as the soft tissues are gently but firmly loosened, separated and loved.

Lomilomi always encompasses the body, mind and spirit.

Hawaiian lomilomi is considered a sacred healing art that was passed down directly and precisely from KAHUNA practitioner to a chosen younger family member. Today lomilomi has become so popular and it is recognized at most of the spa and some spas in Hawaii may require for a massage therapist to know the technique.

The meaning of ALOHA

A ~ stands for AKAHAI, meaning kindness, to be expressed with
tenderness.

L ~ stands for LOKAHI, meaning unity, to be expressed with harmony.

O ~ stands for 'OLU'OLU, meaning agreeable, to be expressed with
pleasantness.

H ~ stands for HA'AHA'A, meaning humility, to be expressed with modesty.

A ~ stands for AHONU, meaning patience, to be expressed with

perseverance.

It is impossible to understand Hawaiian lomilomi without understanding a little bit of Hawaii. So, your journey begins.....

Tribute

"Mahalo nui to the islands of Hawai'i and people from Hawai'i, who loves Hawai'i especially my kumu lomilomi, Sheila Kehau O' Malley for sharing the truth of healing and spirit of Aloha" Shin-Tao Kimura

Please click [here](#) to request for program information.