

Massage Therapy Program

2010 Tuition (600 hour) - \$5,400 Student Kit - \$290 Lab Fee - \$200

Level 1 - 200 hr program

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Theory: Anatomy*Physiology*Kinesiology*Pathology*Skeletal*

Integumentary system*Muscular*Circulatory*Lymphatics*Nervous

Endocrine*Respiratory*Digestive*Excretory Reproductive

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History

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Professional Ethics

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Effects, Benefits, Indication & Contradication of Massage

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Classification of Massage Movement

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Classification of Massage Movement

-

Application of Massage Technique

-

Procedures for Complete Body Massage

-

Therapeutic Procedure

-

Hydrotherapy

-

Massage in Spa Setting

-

Sports Massage

-

The Consultation

-

Business

-

Other topics

* Practices

Massage 1:

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Contact with the client and quality of touch

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Practice draping

-

Practice Basic Moves

-

Back massage

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Back of legs and Foot Massage

-

Back of Legs

-

Reflexology Basics

-

Moving from prone to spine

-

Front of Legs

-

Stomach Massage

-

Arms Massage

-

Posterior Sequence

-

Anterior Sequence

-

Hand Massage

-

Cellulite Massage

-

Full Body

-

Trigger Point

-

Other topics

Level 1 Final Written Exam

Level 2 - 400 hr program

Massage 2: Other Modalities of Massage (Certificate Program)

Hawaiian Traditional Healing Art - Lomi Lomi Massage

Japanese Traditional Healing Art - Zen Shiatsu Massage

Introduction of Other Modalities:

Hot Stone Massage Therapy

Reflexology

Chair Massage

Aromatherapy Massage

Deep Tissue Massage

CPR Training

* Please Note: Above schedules are subject to change